

The following process helps you to access support from PCYC's case management program.

# What's Case Management?

Case management supports you to achieve the goals that are important to you, linking you in with a case worker to walk alongside you. This looks different for each individual young person but often includes helping you to build your support networks, work through challenges and barriers, link you in with other people that might help, as well as giving you a space to chat through things you might be struggling with.

Case management isn't counselling, or therapy, but does have a positive effect on how people work through the difficult things in their lives.

PCYC's case management program is driven by you, helping you to identify areas of support and work towards achievable goals.

#### WHO Ages 12-25

#### WHERE

We can come out and meet you in locations that you feel comfortable with (such as school, another agency, at one of our Centres, in community locations).

- Fremantle PCYC
- Midland PCYC
- Kensington PCYC
- Rockingham PCYC

NO COST Case management is free!

## What happens next?

## STEP 1:

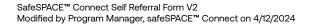
- Complete the referral form (this tells us a bit about you and what you might be looking for support with).
- Email the referral form to connect@wapcyc.com.au or head into Kensington, Midland, Fremantle or Rockingham PCYC Centres for help to complete it.

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### STEP 2:

• PCYC staff will get in contact to chat about your referral and link you in with a case worker.

NOTE – if we don't think we're the right program to meet your needs then we'll chat to you about who might be better able to support you. This is not because we don't want to support you – we just want to make sure we are able to help you with what you need.



# SafeSPACE<sup>™</sup> Connect Case management – Referral form

Centre	Fremantle	🗌 Kensi	ngton 🗌	Midland	Rockingham				
Date of referral									
Young Person's Details									
Chosen name									
Legal name									
Date of birth			Age						
Aboriginal or Torres Strait Islander	□ Yes □ N	0	Cultural identity						
Gender			Pronouns						
Phone			Email						
Preferred mode of contact:	Call S	SMS 🗆 E	mail	lf we leave a can we say	a message, we're from PCYC?	□ Yes [	] No		
Any considerations you want us to know about? (eg. Accessibility, cultural, sensory, information processing, etc)									
1 What would you like support with?									
2 What's going well for you right now?									
3 What's not going so well for you right now?									
4 Anything else vo	ou think we should	d know? (we o	don't iudae. w	e iust want to	o make sure we can	support vou	)		
Anything else you think we should know? (we don't judge, we just want to make sure we can support you)									
Other Services In	volved								
Contact Person				Organisation					
Position				Phone/Email					
Contact Person				Organisation					
Position				Phone/Email					
Contact Person				Organisation					

Position

Phone/Email